

DAILY PRACTICE

- I. Tone (pick one daily)
 - A. Vibrato
 - i. Starting on C2 descending to G1 then returning to C2 and ascending
 - ii. Starting on F2 overblown to C3 ascending to C#3 overblown to G#3
 - B. Harmonics
 - i. Low Harmonics – starting on B1 (or C1) and hitting all 7 partials
 - ii. High Harmonics – starting on E3, underblow two notes then hit the true note
 - C. Stretchers (all slurred)
 - i. Moyse – starting note in each register, go up and down chromatically in triplets
 - ii. Baker – starting note from B1-D2, expanding intervals chromatically
 - D. Long Tones – Moyse or Wye, start on B2 or B3, chromatic pairs
 - E. Koos
 - i. Major Scales. Start with D Major on D4, descend 2 octaves and return to top, group of two subdivision. Continue with Db Major, then C Major, etc.
 - ii. Chromatic Scales. Start on D4, descend one octave and return to top, group of 3 subdivision. Continue starting on Db, then C, etc.
- II. Technique (pick one daily) variety of articulations and rhythms
 - A. Major and Minor Scales (at least two octaves)
 - B. Chromatic Scales (at least two octaves)
 - C. Arpeggios and Thirds
- III. Compound Tonguing – double & triple
- IV. Method Books or etudes
- V. Solo Repertoire
- VI. Other Music and Sight Reading

This should take at least 30 minutes daily. You should practice daily however long your lesson is.